



Irish Olympic Handball Association

2017 Anti-Doping Review

Key Points

- Irish handball players remain outside Sport Ireland's Registered Testing Pool of athletes.
- IOHA Website is updated annually with up to date regulations and other information
- In 2016/2017 all tests carried in European Handball Federation (EHF) competitions returned negative for any doping violations.
- The International Handball Federation (IHF) also reported zero doping violations for 2016 including the testing of the Russian Ladies team in the weeks leading up to the Rio Olympic Games.
- In February Sport Ireland launched their new #cleangreensport e-learning program which athletes and coaches are urged to use. This course was designed for athletes and all athlete support personnel.

The course covers key topics in anti-doping including the following:

- Anti-doping rule violations
- Testing procedures blood & urine
- How to check medications
- Therapeutic Use Exemptions
- The risk of supplements and herbal remedies
- Consequences of doping

At the very end a certificate of completion will generate, which all athletes and coaches are encouraged to save this for own records.

If you would like to have a look at the course, you can create a login here <http://elearning.sportireland.ie/login/index.php>

- In the run up to the IHF Emerging Nations Trophy in Bulgaria the IOHA organised an Anti-Doping Education Seminar for the players and management team due to the uncertainty of whether testing would take place at the event.

Michael Moloney

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