

Please record all sport-related accidents or injuries during handball matches or training.

Send a clear photo, scanned pdf or electronic copy to: [@ injuryreport@olympichandball.org](mailto:injuryreport@olympichandball.org) 

Incident

Reporter Name:	Reporter Role:	Reporter Affiliation:
Country:	Venue:	Incident Date:
Event Type:	Match [Fixture: vs] Training Other:	
Player Name:	Player Team:	Player Sex: Player Age:
Position:	Left Wing Pivot Right Wing Left Back Centre Back Right Back	
Action: (Injury cause)	Jump shot Shooting Passing/receiving Fast Break/running	
	Direction Change Blocking Goalkeeper action (save, dive, block)	
Match Time: OR	1st Half: 00-10 10-20 20-30 Warm-up Cool-down/ 2nd Half: 30-40 40-50 50-60 Extra Time Post-match	
Training Context:	Match Simulation Game-based drills Warm-up	
	Cool-down General Conditioning Strength	
Consequence:	Continued play Returned to play Time-loss (≥1 day)	

Injury

Body Region: L(left) R(right) B(both)	Head Neck Shoulder Upper arm Elbow Forearm Wrist
	Hand Fingers: Thoracic spine Lower back Chest Abdomen
	Hip/groin Thigh Knee Lower leg Ankle Foot/toes
Concussion?	Suspected concussion Medically diagnosed concussion
Mechanism:	Contact - player Contact - ball/object Non-contact Non-contact
	Acute Overuse
Unsure? Detail:	

Exposure

Injury History:	New	Exacerbation	Recurrent:	(No. of previous occurrences)
Dominant side:	Left arm	Right arm	Bilateral arms	Left leg
Player Experience:	<1 month	<3 months	<1 year	+2 years
Match Exposure:	Avg. minutes play/match:	<15	15-30	30-45
	No. of Matches played this season:			
Training Exposure:	Avg sessions/ week:			
	Avg. training duration:			
	<60	60-89	90-119	120+

Follow Up

Follow Up Reporter Name:	Follow Up Date:
Time - return to play:	Continued play (0 days) 1-7 days 8-28 days >28 days
Current symptoms:	None Minor Continued treatment No return to play
Level of medical consultation:	None Physio Doctor Other:
Consultant's description of injury:	
No. of treatments:	Estimated financial cost (€):
Mental state during time-loss:	Normal Mild Stress Significant Distress Severe Distress

This injury report forms part of a Sport Ireland-led injury surveillance program delivered by Olympic Handball Ireland to support player welfare and injury prevention. Personal data is handled accordance with GDPR and the Olympic Handball Ireland Privacy Policy. By signing below, the athlete consents to this use. Research data are anonymised.

Athlete signature:

Date: