



ANNUAL REPORT 2025

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COMPANY INFORMATION



Company Name: Olympic Handball Ireland

Company Number: 454641

Sport HQ, Sport Ireland National Sports Campus, Snugborough Road, Blanchardstown, Dublin 15, D15 DY62

Facebook facebook.com/OlympicHandballIreland

X x.com/OlympicHandballIreland

YouTube youtube.com/@OlympicHandballIreland

Instagram instagram.com/olympichandballireland



COMPANY OVERVIEW

OUR PURPOSE

- Catering to all participants at all ages, ability, or skill level
- Creating a space for fun, friendship and competition
- Respect for individuals and communities, supporting ambition
- Enhancing health and wellbeing through participation
- Connecting Ireland to the 200m plus global handball family

OUR VISION

To be the most-played c-ed team sport in Ireland with a network of community clubs across Ireland

OUR MISSION

To ensure that Olympic Handball is accessible and available at all levels across Ireland from junior players through to senior and full international.



OUR PILLARS

PILLAR 1
EDUCATE & ENGAGE

PILLAR 2
DEVELOP & GROW

PILLAR 3
PROMOTE & PERFORM

MESSAGE FROM THE BOARD



Dear handball friends,

It has been just over 7 months since the 2024 Annual General Meeting but as you can see from the content of this Annual Report there has been a lot of activity both on and off the court.

The number of children playing handball with their schools at both Primary and Secondary level continues to grow year on year and as set out elsewhere in this report both the European Handball Federation and ourselves recognise the need to translate these into Club players and so the pilot project that will see direct cooperation between the 3 Dublin Clubs and Olympic Handball Ireland was developed as part of the overall Master Plan.

As discussed at last year's Club conference and at the AGM, OHI is on the journey to achieve compliance with the Sport Ireland Governance Code. We are in continuous communication with Sport Ireland and have an agreed road map and timelines in place to achieve our goal of achieving compliance. Sport Ireland recognises that we have limitations in our resources, whether it is finance, personnel, or time. The Board of OHI also recognises this and that is why, when practicable we have engaged outside consultants to help us in different areas.

Working on the EHF Master Plan and the Governance Code has resulted in a very busy first six months of 2025 for the Board and staff and the agreed timelines on both projects will see another busy 18 months in store.

Olympic Handball Ireland is transitioning from a volunteer led organisation to a fully professional organisation. With this in mind we continue to recruit additional staff along with new committee members, not only for the Board but for our various sub-committees which will be put in place to assist our staff deliver on the goals contained within our strategic plan.

We were sorry to lose Ms Pamela Bastable and Ms Maria Byrne from the board and we wish to extend our warmest thanks for their hard work and in supporting our development in the last year.

We are delighted to introduce our newest recruits to the Board and our new Chair of the Competitions Committee, we are confident that they will bring a lot to the organisation and we are continually recruiting individuals that can use their individual skillsets in improving all aspects of the organisation and growing the sport.

As we look back on 50 years of handball in Ireland we look forward to the next fifty with a new, enthusiastic, and suitably talented Board in place to support our dedicated staff.

We thank Sport Ireland and the European Handball Federation for their continued confidence in our ability to deliver on our promises, this can be seen in the sustained growth in grant income received from both organisations.

All the work that the Board members put in behind the scenes is to grow the confidence of our membership in delivering an organisation that can make our wonderful sport accessible to and enjoyed by the people on the island of Ireland.

Finally on behalf of the Board of Olympic Handball Ireland I would like to thank our staff, Joao and Caroline, our coaches, our referees, our players, and anyone that contributes in any way to the growth of handball in Ireland.

Míle Buíochas

Michael Moloney
Secretary, Olympic Handball Ireland

MESSAGE FROM THE OPERATIONS DIRECTOR

Dear Members, Partners, and Supporters of Olympic Handball Ireland,

As we close the 2024–2025 season, I am incredibly proud of what Olympic Handball Ireland has achieved over the past year. It has been a season of momentum, ambition, and shared commitment — a season where we continued to build pathways for participation, strengthened our foundations, and showcased the spirit and potential of handball across the island.

This year, we expanded our reach through new partnerships, enhanced programmes, and a stronger national presence. From grassroots to international arenas, handball in Ireland is becoming more visible, more inclusive, and more vibrant. Our progress is a testament to the passion of our community — players, coaches, volunteers, and supporters — who believe in the power of our sport to connect people of all ages and backgrounds.

Our domestic competitions have seen remarkable growth, with increased participation and improved delivery. Across school leagues, club matches, and community initiatives, we are witnessing the positive impact of structured programming and enthusiastic local engagement. These efforts are not just growing the game — they're building communities around it.

A standout moment this season was the ongoing success of our Walking Handball programme, delivered in partnership with Age & Opportunity. By training facilitators across the country, we aim to enable dozens of local groups to offer a new, inclusive version of our sport — one that promotes physical activity, social engagement, and lifelong participation. This initiative continues to exemplify our mission to make handball a sport for life.

Handball in schools has experienced significant growth this season, with programmes now reaching over 150 schools, involving more than 450 teams and engaging over 6,000 children from both primary and secondary levels. This expansion highlights the growing popularity of the sport among young people and the increasing willingness of schools to integrate handball into their physical education and extracurricular offerings. It also reflects the hard work of our staff, development partners, and local champions who continue to promote handball as an accessible and dynamic team sport.

A special congratulations goes to Castleknock Community College (Dublin), who proudly represented Ireland at the Partille Cup in Sweden this summer. Their selection follows their



outstanding achievement in winning the All-Ireland title in the U18 category, and they step in this year to replace St Brendan's College (Kerry), who represented Ireland in the previous edition. Their journey reflects the high calibre of school handball in Ireland and the dedication of coaches, teachers, and players driving the sport forward.

Another exciting development has been the restart of the Intervarsities competition, led by University College Cork Handball Club. This marks a key milestone in re-establishing handball at third-level institutions and shows strong potential for growth. With continued support and coordination, the Intervarsities could become one of the flagship competitions within the third-level sports calendar, offering student-athletes more opportunities to play, compete, and connect through handball.

Our ambition also extended to infrastructure, where we took a significant step forward through our collaboration with Sport Ireland Campus and partner National Governing Bodies. Together, we launched a project to convert an outdoor pitch into a dedicated Beach Handball facility — a space that will enable year-round activity, new event formats, and international hosting potential. This exciting development reflects our belief in handball's adaptability and future appeal.

On the international stage, our clubs represented Ireland with determination and pride at the Celtic Cup and other development events. These experiences have been vital for our athletes, building not only skills but confidence, and further embedding Ireland's identity within the European handball community. Their performances reflect the investment we are making in talent development and high-performance planning — and the opportunities still to come.

We also continued to strengthen our network through collaboration with Local Sports Partnerships. This shared and collaborative model is a clear example of how joined-up thinking can bring new capacity, unlock resources, and increase our impact in communities.

Naturally, we have faced challenges. Sustainable funding and staffing remain key priorities as we strive to meet growing demand. The passion and potential are there — but to truly scale our work, we need continued investment, recognition, and support. We remain committed to advocating for minority sports and making the case for the social, physical, and community benefits handball provides.

Looking ahead, we are excited to deliver new programmes through the 2025 Sport Ireland Women in Sport fund, with a focus on female retention and leadership pathways. We are also working to strengthen our footprint in schools, build stronger links with third-level institutions, and explore new avenues for coach education and volunteer development.

To everyone who contributed to this season — our clubs, schools, players, coaches, referees, volunteers, partners, and staff — thank you. Your energy and dedication are the driving force behind every success we've shared.

This has been a year of strong progress for Olympic Handball Ireland. Together, we are laying the foundation for a thriving handball community that is inclusive, ambitious, and ready for what is next.

We look forward to continuing this journey with you.

João Ferreira
Operations Director

KEY PROJECTS

CASTLEKNOCK COMMUNITY COLLEGE AT THE PARTILLE CUP 2025

Olympic Handball Ireland is proud to announce that Castleknock Community College (Dublin) represented Ireland at the 2025 Partille Cup in Gothenburg, Sweden — the largest and most prestigious youth handball tournament in the world.

Castleknock CC earned this honour following their outstanding performance during the 2024 season, which culminated in them being crowned All-Ireland U18 Champions. Their commitment, teamwork, and development throughout the year make them excellent ambassadors for Irish handball on the international stage.

The Partille Cup brings together over 20,000 young athletes from around the globe, offering a unique cultural and sporting experience. For Castleknock CC, this represented not only an opportunity to compete at a high level but also to

engage with peers from diverse handball traditions, gain international experience, and showcase the progress of Irish schools' handball.

This marked the second consecutive year that Ireland has been represented at the Partille Cup, continuing the legacy established by St Brendan's College (Kerry) in 2024. OHI is committed to building on this tradition by enabling more Irish players to experience international competition and by highlighting the strength of our school development programmes.

The participation of Irish teams in events like the Partille Cup is a key component of OHI's long-term vision: creating international pathways for youth players, enhancing motivation and visibility at school level, and developing a strong generation of players equipped to take Irish handball forward.





FACILITY DEVELOPMENT: IRELAND'S FIRST BEACH HANDBALL FACILITY AT SPORT IRELAND CAMPUS

In 2025, Olympic Handball Ireland marked a significant milestone in the development of the sport with the launch of the country's first dedicated Beach facility at the Sport Ireland Campus in Dublin. This major infrastructure project was delivered through a collaborative partnership with Sport Ireland and other National government bodies. The result is a high-quality, multi-sport sand court complex that meets international standards and is designed to support athlete development, event hosting, and grassroots growth.

The new facility represents a strategic investment in the diversification and year-round promotion of handball in Ireland. It provides a much-needed platform to grow the sport beyond the indoor season and to tap into the rising popularity of Beach Handball, both as a recreational activity and a high-performance discipline.



The courts will serve as the national hub for Beach Handball, hosting a wide range of programmes and events, including:

- The National Beach Handball Championships (Summer 2025)
- Regional and national training camps for youth and senior players
- Development festivals and school activation days
- Inter-club competitions and community engagement events
- Preparations for international friendly matches and future European competitions

In addition to increasing visibility and participation, the facility enhances Olympic Handball Ireland's capacity to host international teams and events, creating new opportunities for competitive exposure and exchange. It also supports our long-term ambition to position Ireland as a credible host nation within the European Beach Handball circuit.

Importantly, this project exemplifies the value of cross-sport collaboration and shared infrastructure. By working in close partnership with fellow NGBs, OHI has helped establish a model that optimises resources, meets the needs of multiple sporting communities, and strengthens Ireland's overall sport infrastructure.

The development of the Beach Handball facility aligns with Olympic Handball Ireland's strategic goals in several areas: infrastructure, innovation, seasonal engagement, and international competitiveness. As the courts become active throughout the year, they will play a key role in nurturing a new generation of players, broadening access to the sport, and elevating Ireland's presence on the European stage.

This launch is more than a facility opening — it is the beginning of a new chapter for handball in Ireland.

EHF MASTER PLAN APPLICATION: BUILDING A STRONGER PLAYER PATHWAY

This season, Olympic Handball Ireland (OHI) submitted an application to the European Handball Federation (EHF) Master Plan project with a clear and strategic objective: to establish a sustainable player pathway that supports junior development from schools to clubs, ensuring young people can remain active in the sport long after their initial introduction.

While handball is relatively well embedded in Irish primary and secondary schools, a key challenge remains — the transition of players from school-based participation into regular club involvement. Currently, the majority of young players do not progress beyond school handball, resulting in limited sustained junior activity within clubs. In the past, OHI has invested in Academy structures to develop talent for international competition, but this has proven insufficient in creating long-term grassroots growth or establishing a widespread handball culture.

This Master Plan project aims to address that gap by launching a pilot programme with three Dublin-based clubs working directly with local primary schools. The goal is to build robust junior sections within each club by linking schools, clubs, Local Sports Partnerships, and community volunteers. The project will include:

- Financial support to clubs for hall time, coaching, and administration.
- Programme coordination led by OHI and overseen by a new senior leadership role — CEO.
- Strategic partnerships with Sport Ireland, Sport NI, and Local Sports Partnerships to extend impact.
- Knowledge-sharing with European handball colleagues to integrate best practices.

This initiative is designed to foster a “grow-your-own” club culture, empowering local volunteers and coaches to engage with young players, build stronger domestic competitions, and deepen the sports community roots. With 29 Local Sports Partnerships across Ireland and a growing appetite for innovative school-club models, we are confident this project will serve as a blueprint for national expansion.

The programme is planned as a three-year pilot, with support from both EHF and Sport Ireland. It represents an ambitious, yet achievable step toward our long-term vision: a thriving, player-centred handball culture in Ireland that inspires life-long participation and sustained club growth.



MARKETING REPORT

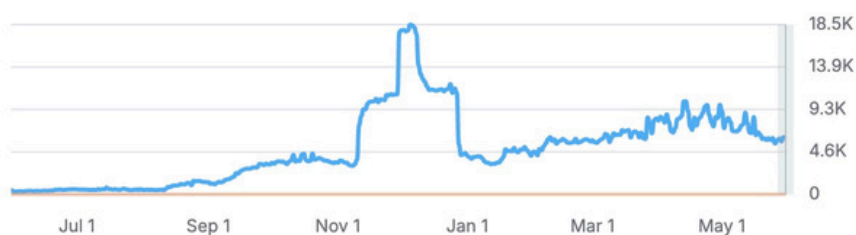
Over the past year, Olympic Handball Ireland has continued to grow its digital footprint, building stronger connections with players, fans, and partners across the country and beyond. Our marketing efforts were centred on expanding reach, improving engagement, and supporting key events and campaigns through targeted, audience-first content. From grassroots initiatives to national tournaments, every piece of communication aimed to amplify the sport's visibility and celebrate the community behind it.

WEBSITE: GROWTH METRICS

The OHI website served as the cornerstone of our digital presence, providing critical updates, registration pathways, and news across the season. We observed consistent traffic growth, particularly during key activity peaks such as the senior league registration period, the Celtic Cup announcement, and the launch of the Dome refurbishment in Ballymun.

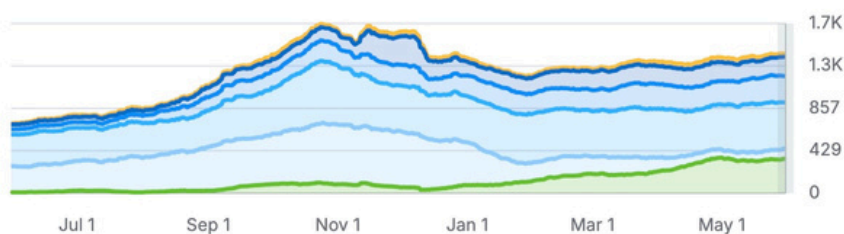
Organic Traffic 6,221/month

☒ Organic Traffic ☒ Paid Traffic



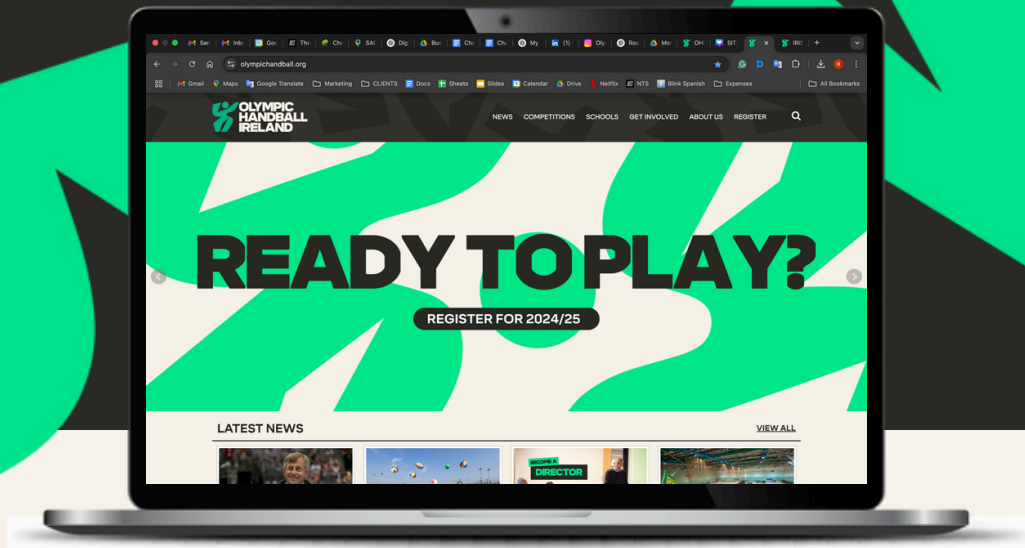
Organic Keywords 1,408

☒ Top 3 ☒ 4-10 ☒ 11-20 ☒ 21-50 ☒ 51-100 ☒ SERP Features



Mobile continued to dominate as the primary access method, with approximately 70% of users visiting from their phones. The majority of traffic originated from within Ireland, with secondary audiences in the UK and across Europe. The most visited pages included the home page, fixture updates, league registration, blog posts highlighting events, and development resources such as coaching courses.

To improve discoverability, we focused on search engine optimisation, refining blog content around relevant keywords like “handball Ireland,” “Celtic Cup,” and “Olympic Handball club.” We also made UX updates to simplify navigation and improve mobile performance, helping users find what they needed more easily and reducing bounce rates.



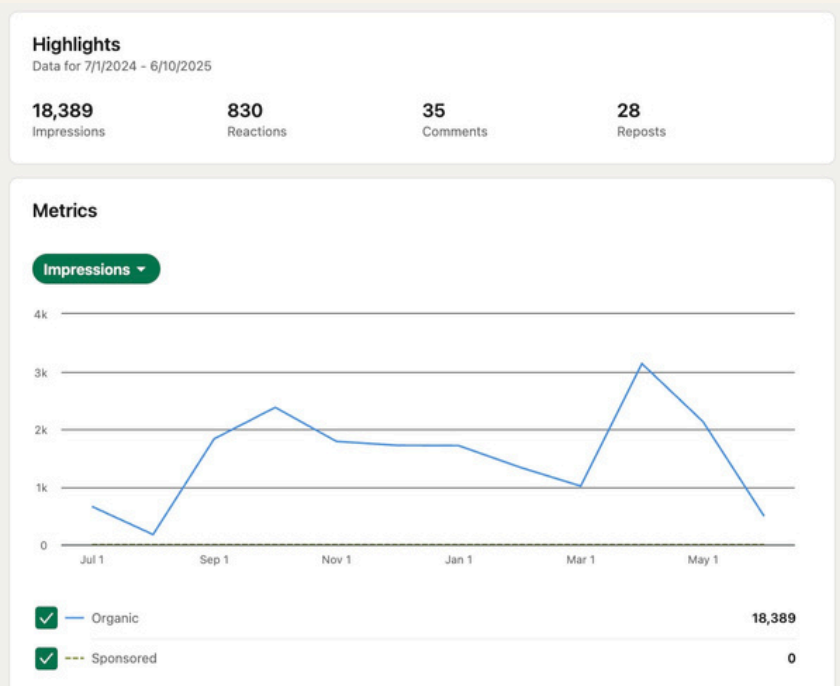
SOCIAL MEDIA: GROWTH METRICS

OHI's social media channels experienced strong growth this year, driven by consistent publishing, improved content quality, and increased investment in video and photography. Our platform strategies focused on reaching different segments of our audience—players, parents, coaches, and partners—while building engagement and brand awareness.



LINKEDIN

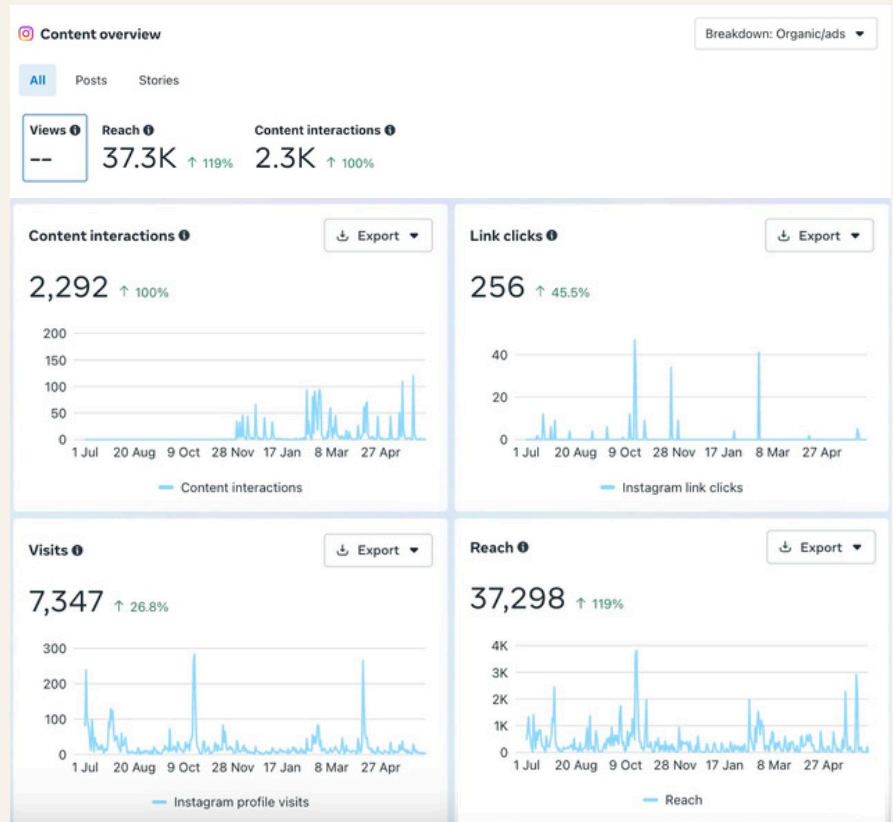
On LinkedIn, we saw continued professional growth with 18,389 impressions and a 58% increase in followers, reaching 485 total. This positions LinkedIn as a valuable channel for reaching stakeholders, coaches, and the wider sports network.





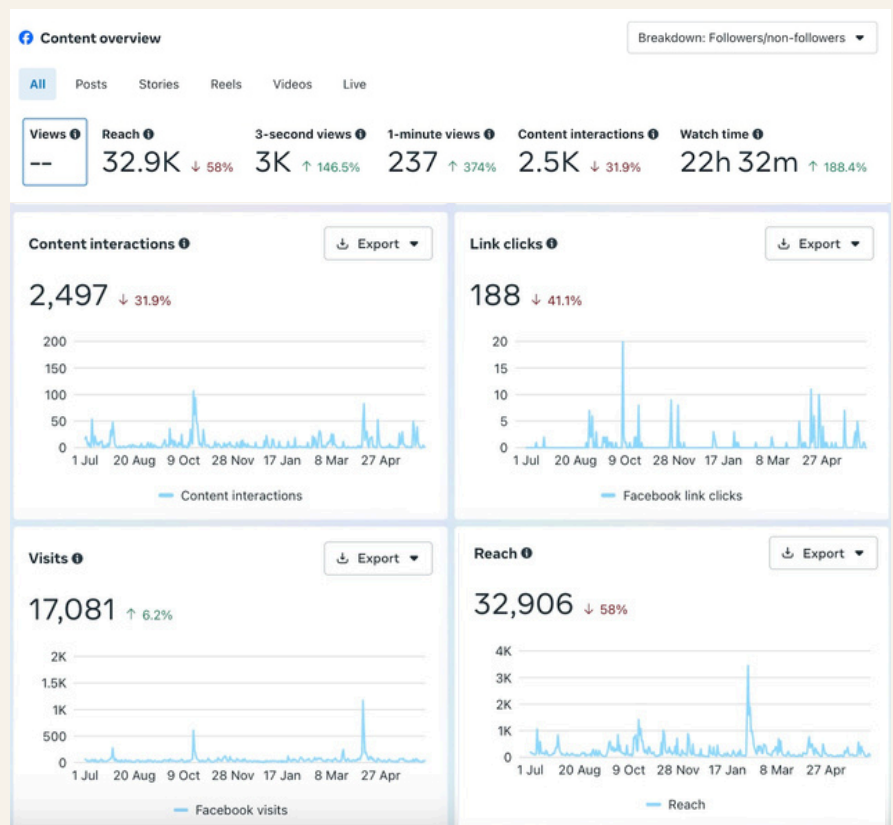
INSTAGRAM

Instagram emerged as our fastest-growing channel. We added 405 new followers, a 27.4% increase, bringing our total to 1,880. Reach more than doubled to 37.3K (↑119%), and content interactions also rose significantly to 2.3K (↑100%), reflecting strong audience engagement with our visual and video-led approach.



FACEBOOK


Facebook remained an important communication tool for clubs and parents, delivering 32.9K reach, 2.5K interactions, and 17K page visits this year. We gained 154 new followers, bringing our total to 3,233.



CONTENT HIGHLIGHTS

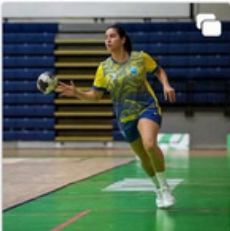
Our top-performing content this year aligned with key moments across competitions and milestones. On Instagram, Celtic Cup coverage drove the highest engagement, with posts like Day One of the Celtic Cup reaching over 9.3K views. Facebook highlights included team announcements and school finals.

LinkedIn saw strong performance from impact-driven posts—such as the €18K funding announcement and Masters Cup team update, which achieved a 38.9% CTR. These results show that timely, event-led content continues to drive reach and interaction across all platforms.

 **Top content by views**

Boost content

See all content




Day one of the Celtic Cup weekend has...

19 October 13:16

9.3K 228

3 19




The Partille World Cup 2024 is officially ope...

2 July 14:19

7.8K 106

1 7




Get ready... the Celtic Cup is coming! 🏆 On...

3 October 12:11

7.2K 83

3 37

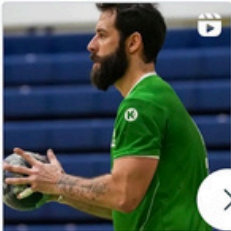


Congratulations to the 3 teams who...

30 May 09:00

6.6K 124

4 11




Catch up on the best moments of the Celt...

29 October 13:31

5.7K 144


5 19



Ti ar

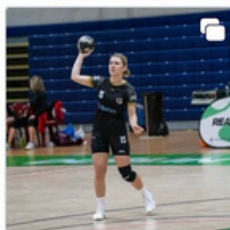
11

1

 **Top content by views**

Boost content

See all content




The results are IN! 🏆 This weekend in...

21 October 11:34

5.8K 111

3 7




Exciting news for handball fans! The...

16 October 03:21

3.8K 64

15 5

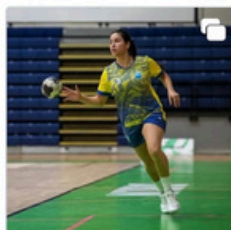


Yesterday was the All-Ireland Schools Final...

10 April 11:07

2.9K 36

2 4




Day one of the Celtic Cup weekend has...

19 October 13:16

2.7K 58

4 1

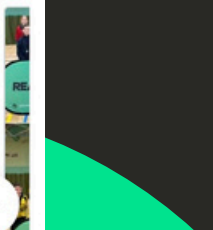


Meet our unstoppable Walkin...

30 December 11:00

2.5K 16

12 2



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10

1

PARTICIPATION REPORT

In 2024, Olympic Handball Ireland placed a strong focus on broadening participation across all age groups, from primary school children to senior players . Through strategic partnerships, expanded school programs, and innovative offerings, we have been able to reach more participants than ever before. Below are highlights from our efforts this year:

PRIMARY AND SECONDARY SCHOOL COMPETITIONS

Handball is thriving in schools, with significant growth in both primary and secondary school competitions. This year, we hosted multiple school tournaments that allowed young players to experience the excitement of competition in a supportive environment. Participation increased by average of 30% compared to last year, with schools from new regions joining the competition. These tournaments continue to be an excellent entry point for young athletes, sparking enthusiasm for the sport from an early age .

Handball by sector	Season		
	22/23	23/24	24/25
Primary schools	56	95	128 (+35%)
Secondary schools	-	10	17 (+70%)

No of teams playing in OHI competitions	Season		
	22/23	23/24	24/25
Primary schools	150	327	402 (+23%)
Secondary schools	-	24	48 (+100%)

SCHOOL PROGRAMS AND PARTNERSHIPS WITH LOCAL AUTHORITIES (LSPS)

Our school programs have expanded significantly, thanks to the support and collaboration with Local Sports Partnerships (LSPs) across the country . Working with LSPs has allowed us to bring handball to schools in underserved areas, enhancing the accessibility of our sport. These programs offer students an introduction to handball, fostering physical literacy, teamwork, and fitness.

Our relationship with LSPs has been instrumental in delivering handball sessions to schools, providing resources, and encouraging youth participation in a structured environment . We plan to continue these partnerships, working closely with LSPs to make handball an accessible option for schools nationwide .

TRANSITION YEAR (TY) PROGRAMS

Our Transition Year (TY) programs offer students the chance to deepen their understanding of handball beyond the court. This year, our TY modules included coaching, refereeing, and event management, providing students with valuable life skills while promoting a lasting connection to the sport. We were pleased to see over 1,000 TY students complete our program in 2024, reflecting a strong interest among teens in handball as both a recreational activity and a pathway for personal development.

WALKING HANDBALL

Walking Handball has become an increasingly popular option for older participants and newcomers to the sport, allowing us to extend handball's reach to a broader demographic. This year, we established an exciting partnership with Age & Opportunity, an organization dedicated to promoting active lifestyles among older adults. Together, we provided specialized training to Age & Opportunity tutors, empowering them to deliver Walking Handball sessions to their members nationwide. This collaboration allows us to introduce handball as an alternative sport to Age & Opportunity's network, encouraging physical activity and community engagement across Ireland.

Through Walking Handball, we are creating a welcoming, inclusive environment that accommodates all fitness levels, promoting lifelong participation and well-being. We look forward to growing this program further, with plans to expand its reach and make handball accessible to even more communities.

HANDBALL CAMPS

Although Olympic Handball Ireland (OHI) does not currently lead or organise dedicated handball camps independently, our ongoing collaboration with Local Sports Partnerships (LSPs), local authorities, and County Councils has allowed us to ensure a strong and growing presence for Handball in multi-sport camp settings across the country.

Over the past year, OHI has actively supported and contributed to numerous events and programmes spearheaded by LSPs, County Councils, and education partners. These efforts span across schools, public facilities, beaches, and community spaces — with handball serving as a vehicle for fun, physical activity, social inclusion, and skill development.



KEY AREAS OF COLLABORATION AND DELIVERY

01.

Fun Blitz Days

In partnership with various LSPs, OHI supported the delivery of local and local & regional Handball Blitz Days, targeting primary and secondary schools. These events provide students with a fun, low-pressure introduction to the game, often culminating school-based taster programmes or coaching blocks. Blitz formats are inclusive, fast-paced, and designed to prioritise participation, teamwork, and enjoyment.

- Over 1,200 students took part in fun blitz days nationwide.
- Events were co-hosted in collaboration with PE departments, sports hubs, and regional sports coordinators.

02.

Beach Handball Taster Sessions

Capitalising on Ireland's coastal and urban beach facilities, OHI partnered with several LSPs and local councils to deliver Beach Handball Taster Sessions during summer months. These sessions not only provided a fresh, exciting twist on traditional handball, but also showcased the sport's versatility and potential in outdoor recreational settings.

- Taster sessions held in locations such as Dublin, Cork, Galway, Meath & Northern Ireland.
- Engagement with community groups, summer camps, and youth services.

03.

Taster Sessions in Primary & Secondary Schools

Thanks to the support of LSPs and school networks, OHI coaches delivered hundreds of Olympic Handball taster sessions directly into classrooms, halls, and PE classes. These introductory experiences are instrumental in building early enthusiasm for the sport and are often complemented with follow-up coaching offers or blitz opportunities.

- Over 3,000 pupils engaged through school taster sessions.
- Focus on DEIS schools and underserved communities.

04.

Teacher & Tutor Training and Education

OHI facilitated several teacher and tutor workshops in collaboration with LSPs and education partners, providing participants with the knowledge, confidence, and resources needed to independently deliver Olympic Handball activities. This capacity-building approach is a key pillar of our sustainable development model.

- Teacher workshop events delivered in partnership with LSPs.
- Handball training integrated into tutor education with Age & Opportunity and youth organisations.

05.

Community Festivals & Multisport Events

Olympic Handball featured in multiple community sports festivals and 'come-and-try' days, promoting inclusion, physical literacy, and engagement with diverse populations. These events, often held in partnership with LSPs, Sport Hubs, and community centres, allowed for informal and accessible introductions to the sport.

- Participation at events such as European Week of Sport, HER Outdoors Week, and National Play Day.
- Focus on female participation, families, and people with disabilities.

06.

Facilities & Infrastructure Development

OHI continues to support LSPs and councils in exploring facility enhancement and infrastructure development, with a focus on introducing handball-friendly courts, court markings, and beach handball layouts. These efforts ensure handball has a sustainable physical footprint in local communities.

- Collaboration on sand pitch conversion projects, including multi-sport sand facilities.
- Advice provided to LSPs on handball court specifications and equipment needs.

07.

Equipment Provision & Support

Through direct funding, grant support, or partnership agreements, OHI facilitated the provision of handball starter kits, goalposts, balls, and coaching materials to schools, clubs, and LSPs. This equipment support is vital in ensuring no barriers exist at the point of entry for new participants.

- Distribution of over 75 starter kits nationwide.
- Long-term loan schemes activated with LSPs and community groups.

08.

Coaching & Delivery Support

OHI's team of coaches and development staff worked closely with LSP officers to plan and deliver high-quality, engaging Olympic Handball sessions. Whether through direct delivery or by mentoring local coaches, this hands-on involvement ensures consistent delivery standards and lasting impact.

- Coaching presence in LSP-run after-school clubs, camps, and girls' sport initiatives.
- Upskilling of local volunteers to lead handball sessions post-programme.

09.

Impact and Strategic Value

The breadth and depth of OHI's engagement with LSPs continues to demonstrate our ability to deliver meaningful impact across participation, education, and community activation. These collaborations not only support our ambition to increase visibility and access to Olympic Handball, but also align closely with national objectives around inclusion, physical activity for health, and the long-term development of sport.

As we look forward, OHI is committed to deepening these partnerships through the creation of regional development frameworks, resource sharing, and the appointment of joint-funded development officers — ensuring the sport continues to grow in both reach and quality across the island.

WOMEN IN SPORT REPORT

Olympic Handball Ireland (OHI) remains deeply committed to promoting gender equality in sport, and we have worked hard over the past year to create opportunities for women and girls to participate, lead, and develop in handball. A key focus has been on initiatives that provide women with the skills, confidence, and support they need to thrive in the sport.



01. WALKING HANDBALL SESSIONS FOR SENIOR ADULTS CORDUFF, DUBLIN

OHI continued with weekly Walking Handball sessions for senior adults in Corduff, Dublin, aiming to engage older women in an inclusive, low-impact sport. These sessions offered a fun, social way for participants to stay active and connect with their local community, promoting physical and mental health. The ongoing success of these sessions demonstrates the importance of providing sporting opportunities for women of all ages, and the sessions have been well-attended by the local senior population inclusive.

02. GIRLS GET ACTIVE FESTIVAL 2025 - HERMOVES SLIGO SPORTS AND RECREATION PARTNERSHIP

As part of the HerMoves Programme, an initiative led by Sligo Sports and Recreation Partnership took part in January 2025, having nearly 200 teenage girls taking part. Olympic Handball was one of the activities on the day, where girls could have the opportunity to try the sport and engage in a range of activities. Her Moves is all about "seeing what's there" and this was a great opportunity to try out new sports, including Olympic Handball.

03. WOMEN IN SPORT SERIES WIS WEEK

During Women in Sport Week (WIS Week), OHI hosted a Women in Sport series, which featured prominent female leaders from our handball clubs. These events provided a platform for female role models to share their personal experiences, insights into overcoming challenges, and strategies for success in the sporting world. The series was designed to inspire other women and girls to pursue leadership roles in sport, whether as coaches, administrators, or players.

04. WOMEN'S HANDBALL CONFERENCE EUROPEAN HANDBALL FEDERATION (EHF) DECEMBER 2024, VIENNA

In December 2024, OHI had the privilege of participating in the Women's Handball Conference hosted by the European Handball Federation (EHF) in Vienna. This event brought together leaders from the international handball community to discuss strategies and initiatives aimed at increasing women's participation and leadership in handball. OHI's presence at the conference underscored our commitment to advancing the development of women's handball, gaining insights from best practices across Europe, and strengthening our connections within the wider handball community.



05. HER OUTDOORS WEEK

AUGUST 2024

OHI participated in Her Outdoors Week, a national initiative aimed at encouraging women to get outdoors and try new activities. OHI collaborated with Local Sports Partnerships in Wicklow, Meath, and Fingal to deliver a series of handball taster sessions, fitness workshops, and mini-competitions. The week was a fantastic opportunity to introduce more women to handball and promote the sport as an accessible, fun, and social activity. Women from various backgrounds participated in these activities, showing a growing interest in outdoor sports and handball as a way to stay active.

06. OLYMPIC HANDBALL REFEREEING COURSE

FUNDED BY WIS PROJECT

As part of our commitment to increasing female participation in refereeing, OHI facilitated the participation of 5 women in the Olympic Handball refereeing course, funded by the Women in Sport (WIS) project. The women who participated in this course included women from clubs, teachers, and members of the public, all of whom were keen to develop their refereeing skills and contribute to the growth of handball in their communities.

COMPETITIONS REPORT

SENIOR LEAGUE LEVEL DEVELOPMENT

At the heart of senior level handball in Ireland lies a dedicated network of referees, volunteers, and clubs whose passion and commitment are driving the continued development of the game. Olympic Handball Ireland (OHI) recognises that without the tireless efforts of these individuals and organisations, senior competitions and structures would simply not exist. Their contribution extends far beyond the court, encompassing everything from organising matchdays, coaching, transporting teams, and fundraising, to setting up local halls and serving as role models in their communities.

REFEREES & VOLUNTEERS – BACKBONE OF THE GAME

The 2024/25 season once again highlighted the crucial role that referees and table officials play in upholding the integrity and quality of the sport. While the referee pool remains modest in size, their consistency, commitment, and willingness to travel long distances have ensured that league and cup competitions continue to run smoothly as possible. OHI provided additional support to referees this year through continued training and refresher workshops and will be expanding this effort in the upcoming season with the introduction of formal referee education pathways and a clearer match assignment structure.

Volunteerism continues to underpin the entire senior game. From timekeeping and scorekeeping to equipment setup and first aid, our volunteers represent the unsung heroes of Irish handball. Recognising their importance, OHI plans to introduce a Volunteer Appreciation & Recognition Programme in the next year to formally celebrate and retain this critical workforce.



CLUB DEDICATION

Our affiliated clubs remain the driving force behind senior handball in Ireland. In addition to player development, clubs take on the lion's share of logistical, administrative, and promotional responsibilities. Their resilience in navigating limited hall access, stretched resources, and player availability is a testament to their commitment. Despite these challenges, we saw a steady increase in club-led initiatives, open days, and cross-club collaboration, further strengthening the senior competition structure.

We commend clubs for their effort in developing both men's and women's teams, travelling across the country to fulfil fixtures, and providing platforms for youth players to transition into senior competition.

INFRASTRUCTURE ACCESS - HALLS & COURT ACCESS

One of the most pressing structural challenges faced by clubs and organisers is the limited access to sports halls with regulation court sizes and proper markings. Many clubs are forced to adapt to smaller or non-standard facilities, which impacts not only the quality of gameplay but also the ability to host events, attract spectators, and livestream matches. Inadequate hall availability also places scheduling strain on competitions and limits opportunities for training and development.

OHI continues to advocate for improved access to multipurpose halls that meet international handball standards. This includes engaging with local authorities, Sport Ireland, and facility managers to prioritise handball as a court sport deserving of equal access and proper space. Additionally, OHI is part of an Indoor Working Group led by the Federation of Irish Sport (FIS), where several NGBs collaborate to plan and advocate for increased investment in indoor sports facilities, supports, and long-term infrastructure planning.

DIGITALISATION & ORGANISATIONAL IMPROVEMENTS

In line with modernising our domestic game delivery, OHI is laying the groundwork for the implementation of a digital game management platform, including live game sheets, digital match reporting, and real-time results tracking. This initiative will reduce the administrative burden on volunteers and enhance the professional presentation of competitions. Clubs will be supported through training and onboarding to ensure a smooth transition.

Efforts are also underway to create centralised competition guidelines, improve fixture planning, and formalise protocols to ensure consistency and transparency across all levels of competition.

LOOKING AHEAD - EDUCATION, RECOGNITION & STANDARDS

To support the long-term development of senior handball, OHI is investing in:

01.

Referee and table official education pathways, including certification and mentorship.

02.

Volunteer recognition frameworks to retain and celebrate key contributors.

03.

Club support tools for governance, media, and facility access.

04.

Technology integration to streamline operations and data collection.

While challenges around infrastructure and human resources remain, the passion and perseverance of our community provide a solid foundation. With the right investment in people, systems, and facilities, we believe senior handball in Ireland can continue to grow in both participation and professionalism.



CELTIC CUP

A STRATEGIC CROSS-BORDER PARTNERSHIP FOR SENIOR HANDBALL

The Celtic Cup competition between national federations of Ireland and Scotland continues to serve as a cornerstone of senior international handball development in the region. In a context where competitive opportunities for national teams are limited due to geography, funding, and infrastructure, the Celtic Cup provides a vital and meaningful platform for both countries to test their squads, build player experience, and foster international rivalry in a supportive and mutually beneficial format.

This past season saw the successful delivery of home-and-away fixtures for both men's and women's senior teams, with matches attracting growing interest from players, clubs, and spectators across both nations.

BUILDING COMPETITIVE EXPERIENCE AND CULTURE

The Celtic Cup goes beyond results — it is about building a competitive handball culture that prepares athletes for the European stage. For Ireland, it provides a critical opportunity to:

01.

Expose players to the demands of international-level competition.

02.

Benchmark technical and tactical progress.

03.

Trial emerging talent in structured, high-stakes environments.

04.

Reinforce commitment to national representation.

In the absence of a full regional competition pathway within Ireland, the Celtic Cup has become a key performance and development milestone, offering structured fixtures that contribute directly to long-term team building.



PARTNERSHIP BEYOND THE COURT

The partnership with Scotland Handball Association (SHA) is rooted in shared values: growing the game, giving athletes competitive opportunities, and strengthening the sport's visibility across both countries. The collaboration extends beyond matchday, with joint planning of fixtures, technical officiating, media sharing, and the mutual goal of professionalism in delivery.

In 2024/25, this partnership laid the foundation for several key initiatives:

01.

Cross-national referee appointments, helping improve officiating standards and experience.

02.

Shared promotion and livestreaming strategies, giving the games broader exposure.

03.

Collaborative post-event analysis, offering both federations opportunities to reflect and learn.

FUTURE PLANS: EXPANSION AND YOUTH INCLUSION

Looking ahead, OHI and SHA are working towards the expansion of the Celtic Cup to include underage categories. These additions will:

01.

Provide early international exposure for youth players.

02.

Support the development of national pathways from junior to senior level.

03.

Strengthen club and school-level motivation by creating clear performance targets.

The intention is to pilot this expansion in the coming season, building on the positive momentum and logistical learnings from the senior programme.

RAISING THE BAR: MEDIA, VISIBILITY, AND INNOVATION

In 2024/25, OHI placed a strong emphasis on the promotion and professional presentation of Celtic Cup matches. These efforts included:

01.

Livestreaming all fixtures, allowing fans, families, and the wider community to follow the action live.

02.

High-quality match photography and video highlights, used across social media and federation channels.

03.

Increased branding and digital content, reinforcing the identity and legitimacy of the competition.

The implementation of GameDay live game sheets and digital match management is also in progress, with the goal of enhancing real-time updates, post-match reporting, and transparency for fans and stakeholders.



FINANCIAL AND ORGANISATIONAL CHALLENGES

Despite its success, the Celtic Cup, like all international initiatives, operates within real-world constraints. Costs related to:

INSURANCE & COMPLIANCE

HALL HIRE

REFEREE & OFFICIAL EXPENSES

TRAVEL & ACCOMMODATION

MATCHDAY LOGISTICS & LIVESTREAM PRODUCTION

are all managed collaboratively between the federations, often stretching limited national budgets. Nevertheless, the continued commitment of both OHI and SHA to invest in the competition reflects the belief that these matches are essential to the future of high-level handball in our region.

WHAT IT REPRESENTS

The Celtic Cup is more than a series of matches. It represents:

- A vision of regional collaboration in sport.
- A practical development tool for players, referees, and coaches.
- A platform for visibility and engagement.
- And a proof point that with creativity and shared purpose, nations can overcome logistical and financial challenges to build meaningful, high-quality competition.

As we continue to build the sport in Ireland, the Celtic Cup will remain a vital element of our strategic development — one that showcases not only our players but also our commitment to progress, partnership, and professionalism.

BEACH HANDBALL: DEVELOPMENT & HIGHLIGHTS

AUGUST 2025 BEACH HANDBALL CHAMPIONSHIPS — SPORT IRELAND CAMPUS

In August 2025, Olympic Handball Ireland will host its flagship Beach Handball Championships at the renowned Sport Ireland Campus. This national event is set to showcase Ireland's best beach handball talent, featuring competitive men's and women's divisions. The tournament forms part of our broader commitment to diversifying the sport's reach and enhancing high-performance opportunities within beach handball, while also marking a significant step forward in aligning with international standards and visibility.

GROWTH AND SUCCESS OF IRISH BEACH HANDBALL (2022–2024)

Over the past two years, Ireland has made significant strides in developing its beach handball offering.

01.

Our first Beach Handball championship was held in 2022 at Portmarnock Beach. 6 teams took part and Astra HC were crowned winners in the women's category, and Sandy Balls in the men's.

02.

The 2023 Balbriggan Beach Championship featured seven competitive teams, with Sandy Balls claiming the men's title and Astra Handball emerging as the women's champions.

03.

The 2024 Olympic Handball Ireland Beach Championship saw increased participation and intensity, with Astra once again topping the women's category. In the men's division, Boys in Green were crowned champions.

These events were made possible through strong community engagement, volunteer support, and technical backing, including equipment provision from the European Handball Federation (EHF).

INTERNATIONAL RECOGNITION — "BOYS IN GREEN" ON THE EBT STAGE

One of the standout milestones of 2024 was the international representation of Irish clubs on the European Beach Tour (EBT). The men's team Boys in Green, following their national success, joined other elite European teams in international competition.

These achievements highlight the growing competitiveness of Irish beach handball and reinforce Olympic Handball Ireland's ambition to build a sustainable international presence for both athletes and clubs.



CELTIC LEGENDS AT THE MASTERS HANDBALL WORLD CUP (OMIŠ, CROATIA)

In May 2025, a group of veteran Irish handball players—competing under the name Celtic Legends—proudly represented Ireland at the prestigious Masters Handball World Cup in Omiš, Croatia. Often referred to as the “Olympic Games for veterans,” the tournament brings together over 1,500 players from more than 17 countries across various age categories.

Celtic Legends was formed as a representative team of former and veteran players from across Ireland, including alumni from clubs such as Astra HC, Dublin International HC, and Dublin City Handball. The initiative was driven by a shared goal: to reignite the competitive and social spirit of Irish handball veterans through international participation.

The project originated from a grassroots effort and was coordinated through voluntary contributions, led by Nicolas Fredin and supported by a core group of committed individuals.

The Masters World Cup offered players the opportunity to compete at an elite international level while representing Ireland with pride.

The tournament featured teams from countries such as Romania, Egypt, and Turkey, giving Irish participants valuable exposure and experience.

Although the competition was fierce, the true success of the Celtic Legends lay in their spirit of friendship, cross-club collaboration, and shared national identity. The event also marked the second time in a row, that Ireland has been represented at this global veteran tournament.

Participation in the 2025 Masters Cup was a landmark moment for Irish handball. The initiative not only strengthened ties between players and clubs but also set the foundation for future involvement at Masters-level competitions. Plans are already being discussed to broaden participation, improve early planning, and secure additional funding for future editions.

The Celtic Legends project showcases the lifelong appeal of handball and reflects Olympic Handball Ireland’s commitment to supporting players at all stages of their sporting journey.



ANTI-DOPING REPORT

KEY POINTS

- Olympic Handball Ireland, like all National Governing Bodies of sport in Ireland, is subject to the Anti-Doping rules as laid out by Sport Ireland. Failure to achieve compliance with these rules means that the OHI will not be eligible for funding from Sport Ireland or Government Departments.
- An Anti-Doping report is required at our Annual General Meeting every year.
- All member Federations of the International Handball Federation are required to provide Anti-Doping Education and so comply with the World Anti-Doping Agency (WADA) rules.

SPORT IRELAND 2024 ANTI-DOPING REPORT

On April 8th Sport Ireland published the 2024 report on Anti-Doping.

- In 2024 Sport Ireland collected 2,029 samples – the highest number gathered since the programme began in 1999. This represents an 11% increase on samples collected in 2023.
- The anti-doping program encompassed 35 sports, with a strategic balance of testing: 22% of samples were collected during competitions, while the majority (78%) were obtained out-of-competition.
- The samples are comprised of urine, blood serum, blood Athlete Biological Passport (ABP) and dried blood spot (DBS), reflecting the comprehensive nature of the testing carried out.
- There was one Anti-Doping Rule Violation in 2023 where an individual participated in competitions and activities while serving a ban for an anti-doping violation that took place in 2019. The individual was sanctioned with an additional period of ineligibility of four years.
- The Sport Ireland Anti-Doping Programme helps to ensure that sport is drug free. It does this through three key elements; testing, research, and education.
- Sport Ireland's commitment to clean sport hinges on a proactive 'education first' approach, and vital resources are delivered through webinars, in-person workshops, and our comprehensive e-learning portal. In 2024, we delivered 42 education sessions that reached 1,469 stakeholders.
- In addition to this there were 22 sessions delivered by National Governing Bodies and 3,521 people completed either Sport Ireland or World Anti-Doping Agency online Anti-Doping Education and Learning courses. This approach further fosters an environment that allows athletes to focus on becoming the best they can be.

The e-learning course covers key topics in anti-doping, including the following:

- Anti-doping rule violations
- Testing procedures blood & urine
- How to check medications
- Therapeutic Use Exemptions
- The risk of supplements and herbal remedies
- Consequences of doping
- At the very end, a certificate of completion will generate, which all athletes and coaches are encouraged to save this for own records.
- New World Anti-Doping Agency rules came into effect on the 1st of January 2025.
- The International Handball Federation (IHF) and European Handball Federation (EHF) websites both now have a comprehensive Anti-Doping section.

COACH AND PLAYER EDUCATION

Education provides us with an opportunity to promote positive values and ethical behaviours, protect clean athletes and preserve the spirit of sport. It allows us to reach and impact broad audiences, building knowledge and understanding to support clean sport.

- Irish handball players continue to remain outside Sport Ireland's Registered Testing Pool of athletes. <http://www.olympichandball.org/sports-anti-doping-policy>
- The OHI Website is updated annually with up-to-date regulations and other information
- All players and Coaches are encouraged to complete the Sport Ireland Anti-Doping e-learning course. This online course is included on the curriculum of the Level 1 and Level 2 coaching awards. <https://www.sportireland.ie/anti-doping-e-learning>

THERAPEUTIC USE EXEMPTIONS

Sport Ireland follows the World Anti-Doping Code International Standards for Therapeutic Use Exemption (ISTUE) allows an athlete to use a prohibited substance or method that is included on the WADA prohibited list, subject to certain defined conditions.

Athletes can apply to either Sport Ireland or, in the case of an International level athlete, the International Federation for a TUE.

For a TUE to be granted the athlete must have a well-documented medical condition supported by relevant and reliable medical data.

CHECK YOUR MEDICATION - ADVICE FOR ATHLETES

The simple advice for all athletes is that they **MUST CHECK** the status in sport of all medication **BEFORE CONSUMING** it. Athletes can now check the status in sport of medication purchased in the Republic of Ireland via the NEW Medicine Checker website: <https://medcheck.sportireland.ie/>

The consequences if found guilty of Doping:

- Reputational Damage - For you, Your Club, Your Coach, Your Teammates, and for the sport of handball.
- A worldwide 4-year ban from the sport - Includes all involvement, at all levels.
- No coaching, not even coaching kids.
- Your case will be reported in the media!
- It will feature in Sport Ireland's annual report.
- Even more important! The health consequences of taking steroids, etc.

Thank You and #PlayTrue



DID YOU KNOW?

All medications, be they over-the-counter or prescription, may contain substances that are on the WADA Prohibited list. This list contains the details off all substances and methods that are prohibited in sport. The prohibited list is revised on an annual basis.

GOVERNANCE REPORT

Olympic Handball Ireland (OHI) is committed to maintaining the highest standards of governance, transparency, and accountability in line with the principles outlined in the Sport Ireland Governance Code for Sport.

BOARD STRUCTURE AND OVERSIGHT

The OHI Board is composed of a diverse group of volunteers bringing experience in sport, finance, operations, marketing, and legal governance. The Board meets regularly to review strategic direction, financial oversight, risk management, and operational delivery.

- Chairperson: Provides strategic leadership and chairs board meetings.
- Secretary: Ensures effective communication and compliance with regulatory requirements.
- Treasurer: Oversees budgeting, financial planning, and reporting.
- Ordinary Board Members: Contribute to sub-committees and lead on key focus areas (e.g., development, high performance, clubs, and equality).

The Board operates under a clear set of Terms of Reference and abides by a Conflict of Interest Policy.

COMPLIANCE WITH GOVERNANCE CODE

OHI continues to operate as a Type B Organisation under the Sport Ireland Governance Code. In 2024, the following key milestones were achieved:

01.

Annual Governance Review conducted and documented.

02.

Conflict of Interest declarations updated for all Board and staff members.

03.

Board Effectiveness Review held in Q3 2024, with a focus on skill gaps and succession planning.

We continue to work with Sport Ireland as we continue on our journey to achieve compliance with the Governance Code and to embed a culture of best practice across all sections of the organisation.

The development of a new constitution for the organisation is one of the most visible steps on the road to achieving compliance. Olympic Handball Ireland has and will continue to engage with external consultants to compliment the skillsets of the Board in satisfying all requirements for a National Governing Body of sport in Ireland.

We are thankful for the assistance that we have received from the NGB and Governance teams in Sport Ireland.

POLICIES AND RISK MANAGEMENT

Key governance documents are in place and reviewed annually:

- Child Safeguarding Statement and Risk Assessment.
- Data Protection and Privacy Policy (GDPR-compliant).
- Anti-Doping Policy in line with Sport Ireland and EHF requirements.
- Code of Conduct for Board, staff, and volunteers.
- Financial Controls Policy and dual-signatory system for payments.

STRATEGIC OVERSIGHT AND PLANNING

OHI's strategic plan 2022–2037 continues to guide the organisation's development, with governance embedded as a core pillar. Progress against KPIs is reviewed quarterly, with monitoring of operational alignment.

2024 into 2025 also marked the development of terms of reference for sub-committees in the following areas:

01.

Governance

02.

Finance

03.

Audit and Risk

04.

Competitions



Each sub-committee includes at least one Board member and reports to the OHI Board quarterly.

STAKEHOLDER ENGAGEMENT AND TRANSPARENCY

Olympic Handball Ireland remains committed to open and accountable communication with its members, funders, and wider stakeholders. In 2024, the following initiatives strengthened this commitment:

Publication of key policies and annual accounts on the OHI website

Regular stakeholder updates

Annual General Meeting (AGM) held with open Q&A and full reporting on governance, finance, and operational matters

FUTURE GOVERNANCE PRIORITIES

- Further Board diversification and independent director recruitment
- Digital transformation for improved compliance tracking and reporting
- Expansion of volunteer development and safeguarding training
- Deepened alignment with Sport Ireland's Diversity and Inclusion targets

CONCLUSION

Olympic Handball Ireland is proud of the progress made in strengthening its governance framework. We remain committed to evolving as a transparent, well-managed, and forward-thinking National Governing Body, responsive to both our members' needs and national sport governance standards.

SAFEGUARDING REPORT

Olympic Handball Ireland (OHI) remains firmly committed to providing a safe, supportive, and inclusive environment for all participants, particularly children and vulnerable adults. In 2024/2025, we continued to uphold the highest safeguarding standards in line with national legislation and Sport Ireland's guidance.

DESIGNATED LIAISON PERSON (DLP)

OHI's Designated Liaison Person (DLP), João Ferreira, serves as the primary contacts for safeguarding concerns. Throughout the year, this role ensured all matters were handled with discretion, diligence, and in compliance with Children First: National Guidance and the Sport Ireland Safeguarding Framework.

SAFEGUARDING TRAINING

We continued to prioritise safeguarding training for our community. Key achievements include:

01.

100% compliance for all staff and contracted coaches in completing Safeguarding Level 1 training.

02.

OHI Operations Director and development officers completed Safeguarding Level 2.

03.

Ongoing collaboration with Local Sports Partnerships (LSPs) to ensure best practice dissemination and access to regular training opportunities.



POLICY IMPLEMENTATION AND REVIEW

01.

Our Child Safeguarding Statement and associated policies were reviewed and updated in Q1 2025 to align with evolving Sport Ireland guidelines.

02.

Code of Conduct, Anti-Bullying Policy, and Volunteer policy were also reviewed.

REPORTING & INCIDENT MANAGEMENT

All safeguarding concerns were managed in line with best practice and legal requirements. In 2024/2025, zero safeguarding reports were reported.

SUPPORT TO CLUBS

OHI supports any affiliated clubs in appointing Club Children's Officers (CCOs) and ensuring they complete appropriate training.

Clubs can receive upon request a Safeguarding Pack including updated templates, checklists, and guidance for day-to-day implementation of safeguarding protocols.

LOOKING AHEAD

In 2025/2026, we aim to:

01.

Expand access to safeguarding training for part-time and seasonal staff.

02.

Provide Safeguarding training to affiliated members/clubs.

Safeguarding is everyone's responsibility, and OHI will continue to lead by example, placing the wellbeing of all participants at the heart of our operations.

RESEARCH COLLABORATION OHI & UCD

ACTIVITY REPORT 2024-2025

Feb-Jul 2024

Preparation and delivery of research for the European College of Sport Science (ECSS) Conference in Glasgow, Scotland: "Injuries in women and men handball players, what do coaches need to know? A comprehensive analysis over 3 seasons and 154 games".

Giulia Andreottola also supported Astra HC, working as a sports scientist during the season 2023-2024.

UCD students services as Fitness and condition coaches are available to all clubs if they wish to avail of their service



Available at sport-science.org

Sep 2024 – Present

Continuation of injuries surveillance study through appointment of sport scientist Benedetta Coco (Erasmus+ Traineeship, European Commission) and €3,500 in funding secured (approximately).

May 2025

Successful application for the Sport Ireland Research Grant Scheme for the first time ever for OHI and €18,000 secured.

Benedetta Coco, OHI Erasmus Trainee successfully selected as staff member for the European University Sport Association (EUSA) Championship 2025.

Nov 2025

Domenico Crognale, Benedetta Coc, Joao Ferreira, and Andrea Ongaro are preparing 2 abstracts for the European Handball Federation (EHF) Scientific Conference, happening in November 2025 in Zagreb, Croatia.

This is an important event to consider for the future for both participation for university handball teams and for work experience for any students willing to get involved (cost for accommodation and meals are covered by EUSA for the duration of the event).

Results will be announced in July 2025.



Available at www.eusa.eu



Available at activities.eurohandball.com

CONCLUSION

In 2025, Olympic Handball Ireland made substantial strides, increased international engagement, strengthened infrastructure, and a reinforced commitment to safety. As we look forward, we aim to continue this momentum, building on our achievements to further elevate handball in Ireland. Thank you to all members, athletes, coaches, parents, sponsors, and supporters for making this a remarkable year. Together, we are shaping a bright future for handball in Ireland.





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Company Number: 454641

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