

IOHA AGM 2023

Sunday, 12th of November at 2 pm
Ashling Hotel, Park Gate Street - Dublin 8



AGENDA

- 2 pm: Welcome by IOHA President (FL)
- Review of and adoption of minutes from 2022 AGM
- Resolution 1. To approve the external Auditors reports and audited financial statements to 31st December 2022
- Resolution 2 To re-appoint the Auditors, and to authorise the Directors to determine their remuneration
- IOHA Annual Report
- Presentation by Technical Director including coaching and refereeing (AO)
- Anti-doping report (MM)
- Election of IOHA Technical Director. Andrea Ongaro is the only nomination for the position and is therefore re-elected
- Adjournment of IOHA 2023 Annual General Meeting
- 3:30 pm: Coffee Break
- 4 pm: IOHA Club Conference
- 6 pm: Closure of IOHA Club Conference

Fintan Lyons
IOHA President

Welcome

IOHA AGM 2023

- Review of and adoption of minutes from 2022 AGM
- Resolution 1. To approve the external Auditors reports and audited financial statements to 31st December 2022
- Resolution 2. To re-appoint the Auditors, and to authorise the Directors to determine their remuneration

João Ferreira
Operations Director

Caroline Nerbas
Development Officer & WIS Lead

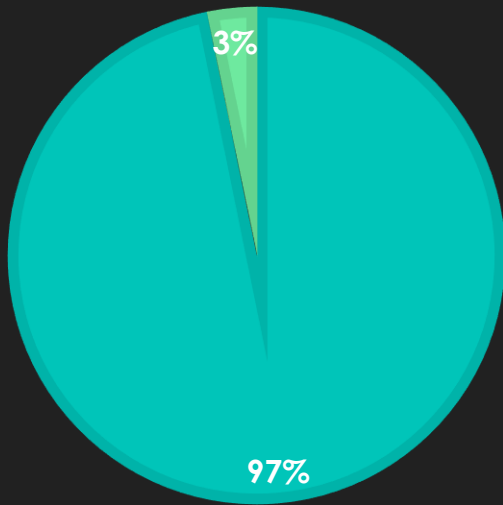
Eugene Mc Kenna
Development Officer

IOHA Operational Annual Report

Statistical Numbers 2021-2022

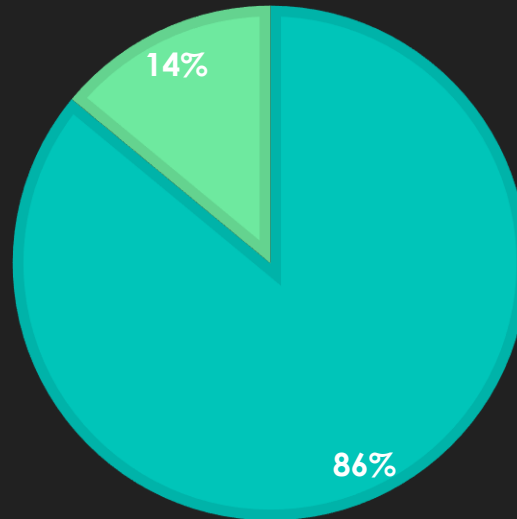
AFFILIATED MEMBERS

■ Players (303) ■ Coaches (10)



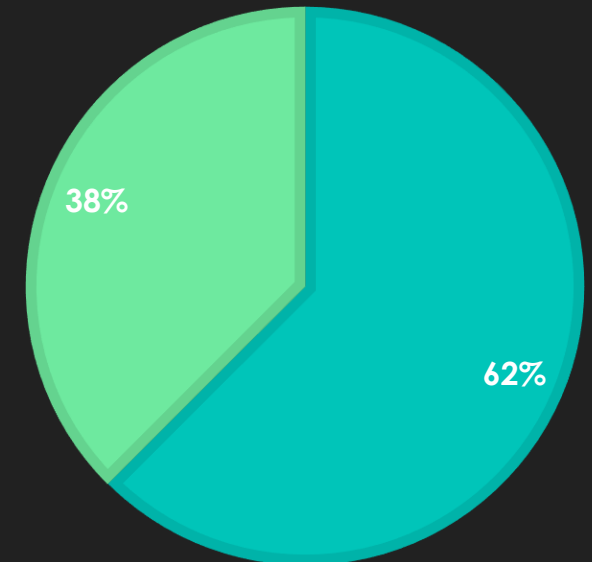
BOARD GENDER

■ Men (7) ■ Women (1)



BOARD/STAFF PERCENTAGE

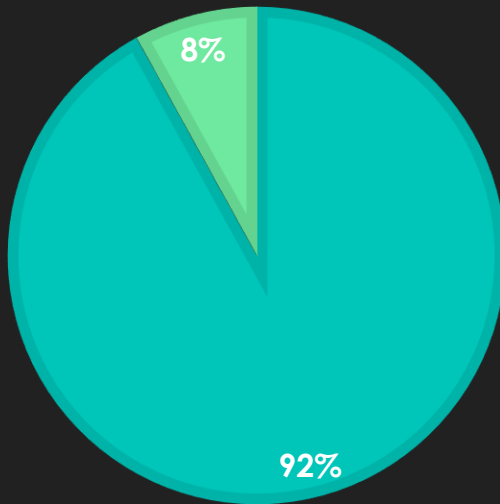
■ Board Members (7) ■ Staff (2)



Statistical Numbers 2022-2023

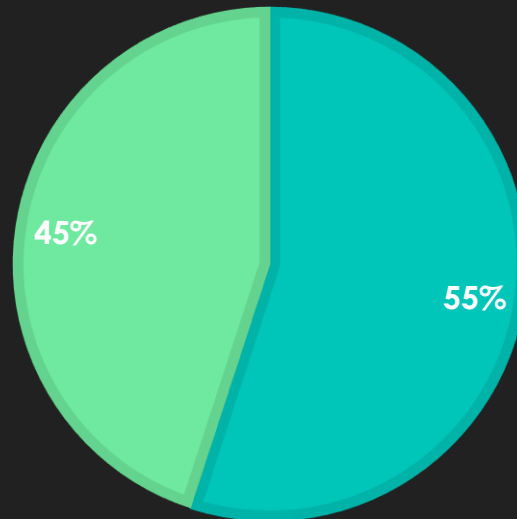
AFFILIATED MEMBERS

■ Players (172) ■ Coaches (15)



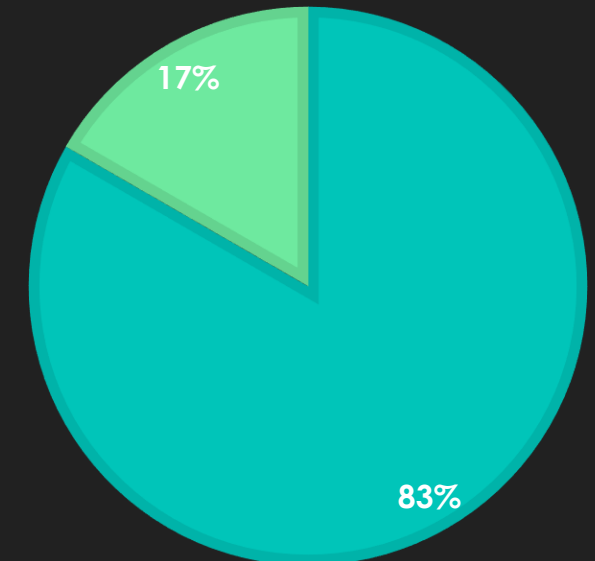
MEMBERS GENDER

■ Men (102) ■ Women (84)



BOARD GENDER

■ Men (5) ■ Women (1)



Funds/Grants

Fund	2021	2022	2023
Core Funding	€48,000.00	€60,000.00	€65,000.00
Women In Sport (WIS)	€15,000.00	€15,000.00	€15,000.00
Oscar Capital Grant	€30,000.00	-	-
Dormant Account Funding	€10,000.00	€18,750.00	-
Special Projects	€15,000.00	€5,000.00	-
Rank Foundation	-	€32,000.00	€32,000.00
Recovery Grant	-	-	€25,000.00
Covid-19	€100,000.00	-	-
Return to Sport	-	€60,000.00	-
Covid-19	€40,000.00	-	-

Northern Ireland Report

Table 1: Participants by Level of Education

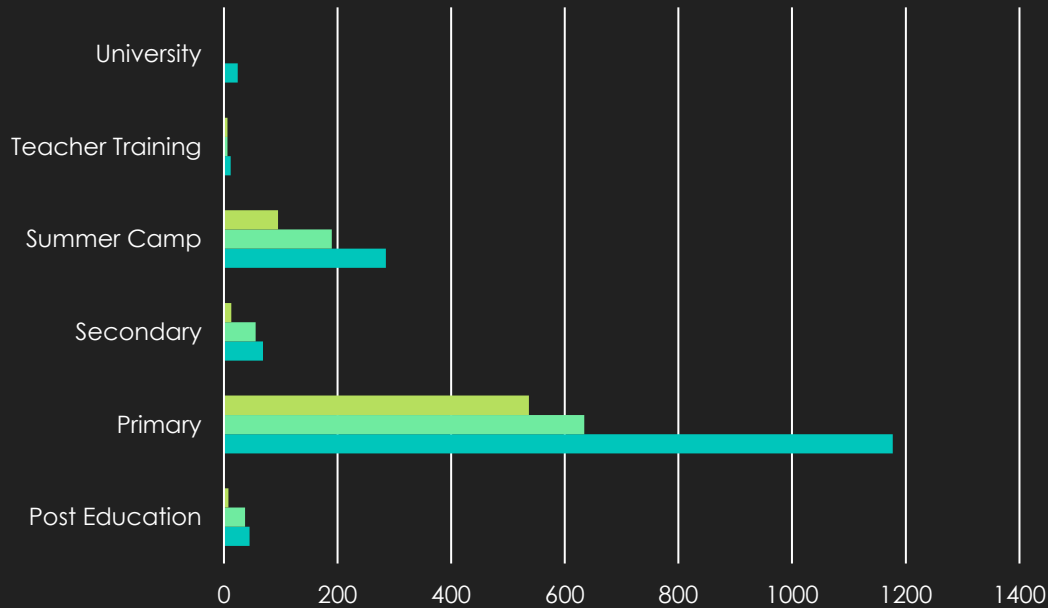
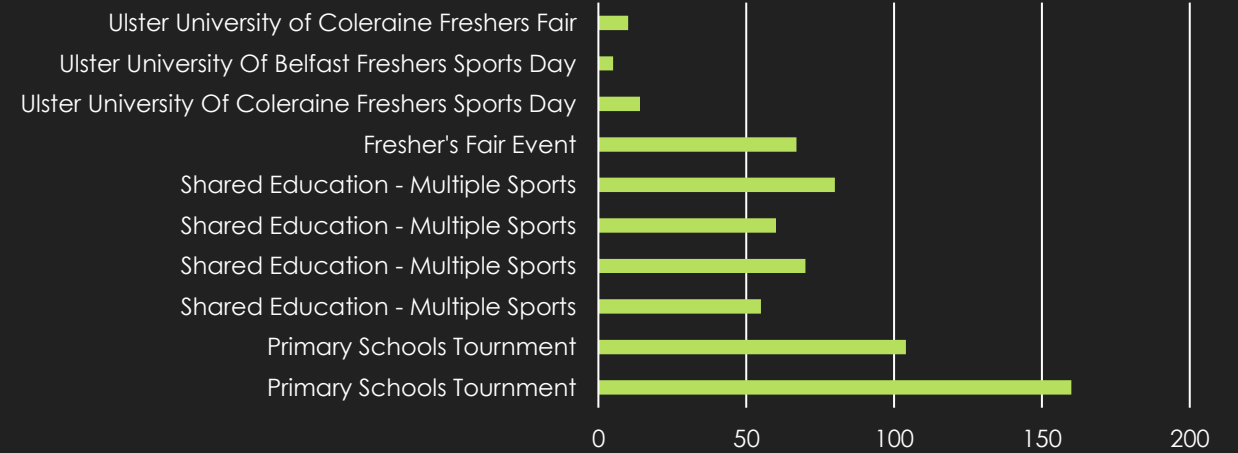


Table 2: Number of Participants per event



Northern Ireland Report

Table 3: Application Status

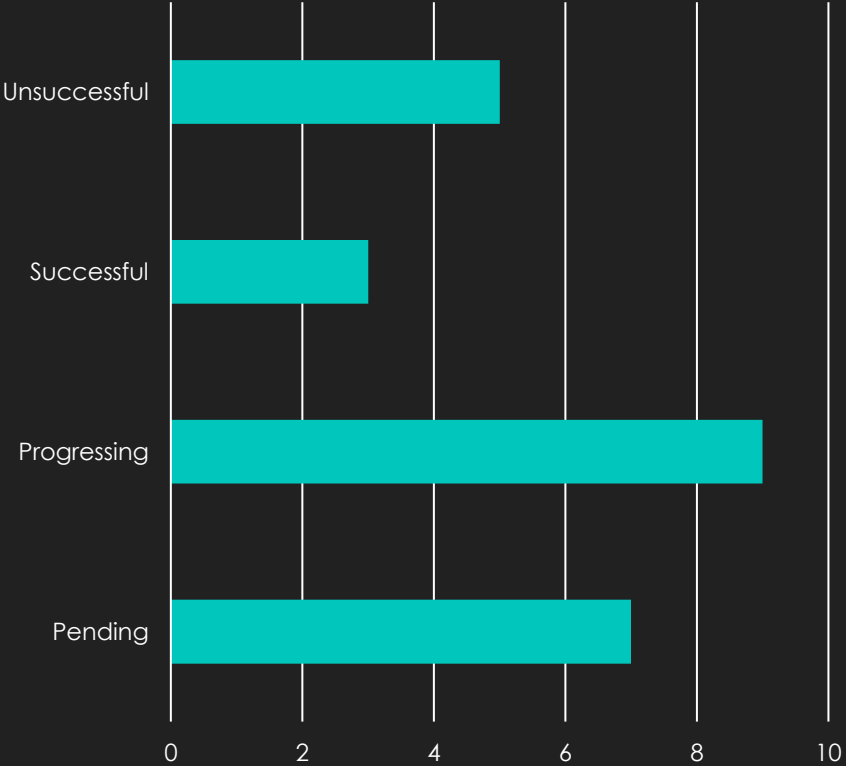
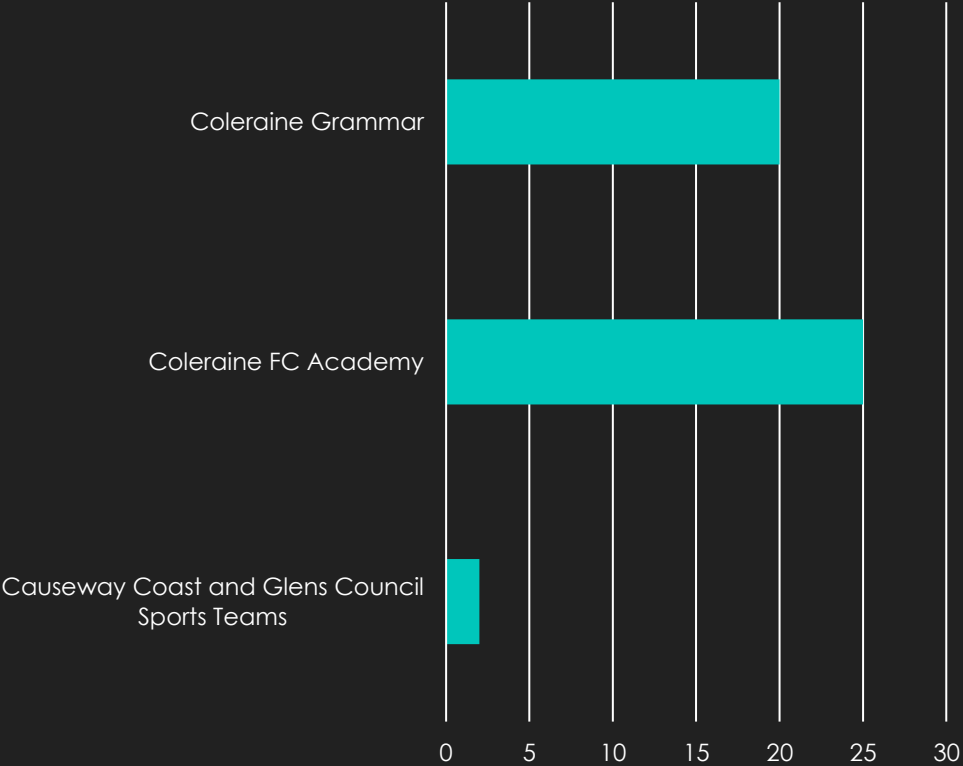


Table 4: Volunteer Numbers by Institution



ROI - L0 coaching course + OH workshops

- Limerick – 15 teachers
- Cork – 22 teachers + 20 teachers
- Westmeath – 7 teachers/tutors + 8 teachers
- Leitrim – 6 teachers/tutors
- Galway – 15 teachers + 10 teachers
- Sport Ireland Campus – 8 instructors
- Meath – 10 teachers
- Blitz day with more than 600 kids in all the locations



Events & Courses

EHF Manager Course Participation – Cologne

Primary School County Finals & All-Ireland – more than 300 kids

Celtic Cup – Partnership with Scottish Handball Association

IOHA Cup

Senior League Awards night & Beach Handball Awards

Beach Handball Tournament in Balbriggan

Games on the Beach with Meath LSP

HerMoves Activity with Meath LSP & Volleyball Ireland

Be Active Festival in Sport Ireland Campus

Camps & Hub Activities

Balbriggan Hub Sessions (Alex)

4 weeks + 4 weeks

Summer Camp Corduff (Vlad + Alex)

8 weeks

Swords Camp (Alex)

4 weeks

Limerick Hub initiation in Askeaton with
Badminton Ireland – Deepan

Corduff Hub Sessions (Alex)

4 weeks

School Programmes + Taster Sessions

St Damian's Dublin (Vlad) – throughout the year

St Peter's NS Dublin (Vlad) – 8 weeks

Kilcoskan NS Dublin – 4 + 4 weeks

Schools Active Week Participation - 5 schools in Dublin

St Roses NS Dublin (Vlad) – 7 weeks

Scoil Aonghusa (Vlad) – 7 weeks

TY Programmes

Castleknock Community College Dublin
150 + 150 students

Limerick LSP VIP Programme
20 + 20 students

Loreto College Navan
100 female students

Balbriggan Community College
10 + 15 students

Cork LSP (5 different schools)
25 students

Women in Sport Activities

Walking Handball WIS Programme in Corduff – 14 participants

Women in Sport Week Video Series

WIS Week Taster Sessions in Navan & Fingal

WIS Open Session in DCU

School Activities – to be initiated next year

Funding for refereeing and L1 coaching courses

Board Match – 40% of women in the board by the end of 2023

LSP Contacts and Partnerships

Established Partnerships

- Limerick
- Meath
- Cork
- Sligo
- Galway
- Fingal

New partnerships

- Wicklow
- Wexford
- Tipperary
- Monaghan
- Kerry

SCHOOL COMPETITION

Overview

PRIMARY SCHOOLS

22/23

50 schools

8 counties

130 teams

1560 kids

23/24

97 schools

16 counties

335 teams

4020 kids

SECONDARY SCHOOLS

22/23

0 schools

23/24

10 schools

6 counties

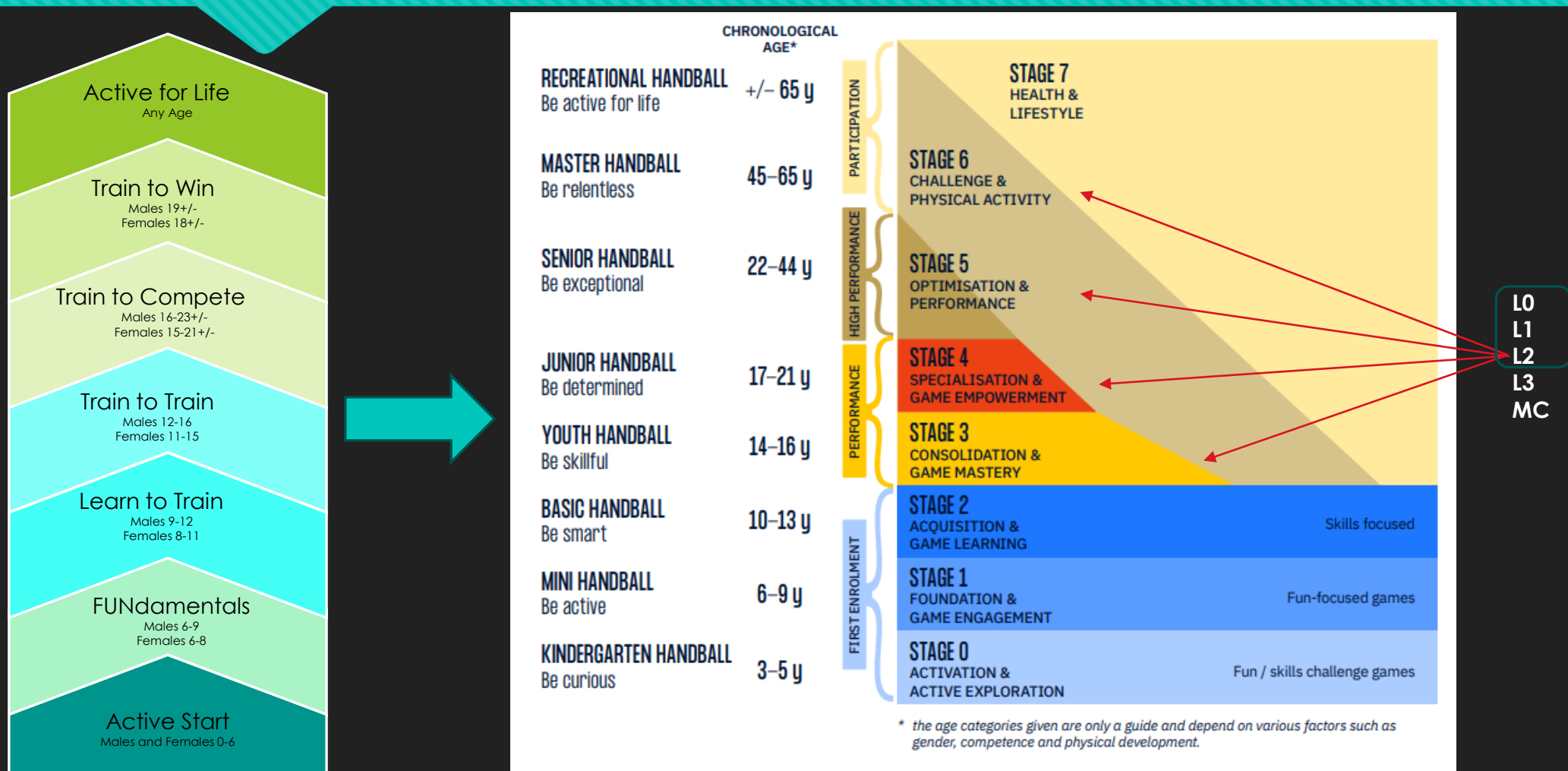
20 teams



Andrea Ongaro
IOHA Technical Director

Coaching & Refereeing

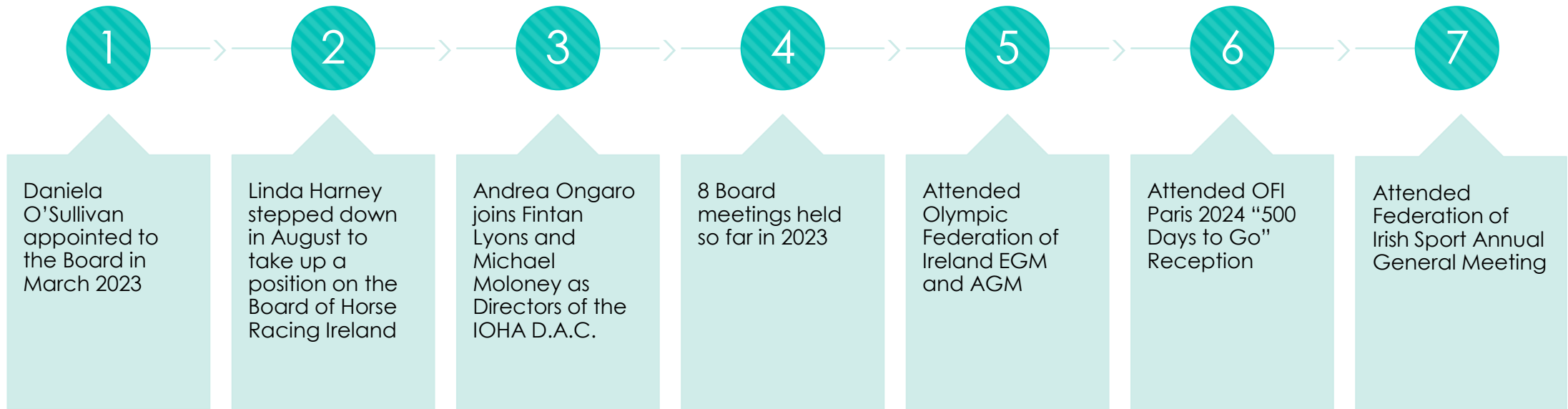
Defining Coaches competences within the right environment: From rigid to realistic circle of handball life.



Michael Moloney
IOHA Secretary General

Board Activity And Governance Update

Board Activity



Board Activity

- Fintan Lyons is an active member of the EHF Nations Board for Men
- Represents the IOHA at Handball Forum Europe meetings (26 Nations)
- Instrumental in getting the EHF to call a meeting of the “Emerging Nations” in Cologne in June 23. 11 Federations with different issues in developing handball
- The President and Secretary attended the EHF Congress in Basel, SUI in September
- Technical Director, Andrea Ongaro attended the EHF RINCK meeting in Vienna
- Andrea Ongaro appointed to RINCK commission, who are charged with re-writing the Coaching curriculum of European Handball

Engagement with Sport Ireland



New Board Member Daniela attended New Board Members Training Seminar



Daniela is now a member of Sports Ireland Marketing, Communications & Sponsorship Network



Michael attended Secretary Generals Networking Event



Michael will be attending Annual Governance Seminar later this month



2023 Mid-Year Review and 2024 Core Grant Application completed



Dormant Accounts Funding and Capital Sports Grant applications completed

Governance Code

- The IOHA are compliant with the Governance Code and our accounts are externally audited and have been accepted by Sport Ireland
- Our Gender ratio has unfortunately dropped from 33% to 20% due to the resignation of LH earlier in 2023
- Need to achieve 40% Female representation to satisfy Government and Sport Ireland requirements
- 3 external Board members (including a Treasurer) currently being recruited with the assistance of Board Match
- They will take up their positions in early 2024
- Engaging with Sport Northern Ireland to ensure continued recognition as the NGB for handball in NI

Miscellaneous

- 8 International Transfers completed in 2023
- 3 Juniors registering to play handball for the 1st time
- 5 Seniors leaving Ireland to register and play abroad. The IOHA did not request €150 transfer fee
- IOHA Re-Branding

Michael Moloney
Secretary General
and Anti-Doping
Officer

Anti-Doping Report 2023

Key Points

- The Irish Olympic Handball Association like all National Governing Bodies of sport in Ireland are subject to the Anti-Doping rules as laid out by Sport Ireland. Failure to achieve compliance with these rules means that the IOHA will not be eligible for funding from Sport Ireland or the relevant Government Department
- Irish handball players continue to remain outside Sport Ireland's Registered Testing Pool of athletes
- IOHA Website is updated annually with up-to-date regulations and other information
- All players and Coaches are encouraged to complete the Sport Ireland Anti-Doping e-learning course. This online course is included on the curriculum of the Level 1 and Level 2 coaching awards

Key Points

The course covers key topics in anti-doping including the following:

- Anti-doping rule violations
- Testing procedures for blood and urine
- How to check medications
- Therapeutic Use Exemptions
- The risk of supplements and herbal remedies
- Consequences of doping
- At the very end, a certificate of completion will be generated which all athletes and coaches are encouraged to save for their own records
- New World Anti-Doping Agency rules will come into effect on the 1st of January 2024 and if anyone wants this information, I can forward it to them
- The International Handball Federation (IHF) and European Handball Federation (EHF) websites both now have a comprehensive Anti-Doping section

IHF/EHF Anti-Doping Update 2023

The EHF position

- 10.1 The EHF Anti-Doping Unit (EAU) shall deal with the organization and handling of antidoping activities in handball in Europe (controls, non-intentional doping, education for young athletes, NADAs, medical exemptions (TUEs), whereabouts, violations, etc.)
- 10.2. The unit shall consist of a chairperson nominated by the EHF Executive Committee and an EHF office staff member
- 10.3. Further members may be nominated by the EHF Executive Committee
- 10.4. Anti-doping measures are implemented on the basis of the EHF Regulations for Anti-doping. The EHF Regulations for Anti-Doping shall be in compliance with the WADA Code and the IHF Anti-Doping Regulations
- The responsibility regarding decisions on the EHF Regulations for Anti-Doping shall be with the EHF Executive Committee

IHF/EHF Anti-Doping Update 2023 cont.

- In 2022 the EHF carried out 484 tests
- Men's National Team Competitions 36/21 (In competition tests/ out of competition test)
- Women's National Team Competitions 24/21
- Men's Club Competitions 112 Women's Club Competitions 112
- Beach Handball. 76 tests. Younger Age Category Events M10 W72

Both the IHF and EHF have stepped up their activity in 2023 around Anti-Doping Education, with the IHF hosting a number of webinars for all involved in handball while the EHF held a seminar for National Federation Anti-Doping Officers.

Sport Ireland Anti-Doping Update

Since 2014, WADA has invited athletes, National and Regional Anti-Doping Organizations, Sports Federations, Governments, Major Event Organizers and all other anti-doping stakeholders worldwide to join the Agency's social media campaign to celebrate 'Play True Day' - a day that is traditionally dedicated to raising awareness about the importance of Clean Sport among athletes, the public and others. April 14th 2024.

"Sport Ireland Anti-Doping on January 9th launched medcheck.sportireland.ie, a Medicine checker website designed as a resource for athletes to check whether their medication contains a substance on the WADA prohibited list"

Sport Ireland Anti-Doping Update cont.

Did you know?

- All medications, be they over-the-counter or prescription, may contain substances that are on the WADA Prohibited list. This list contains the details off all substances and methods that are prohibited in sport. The prohibited list is revised on an annual basis

Advice for Athletes

- The simple advice for all athletes is that they **MUST CHECK** the status in sport of all medication **BEFORE CONSUMING** it. Athletes can now check the status in sport of medication purchased in the Republic of Ireland via the **NEW** Medicine Checker website below
- **<https://medcheck.sportireland.ie/>**

Daniela O'Sullivan – Board Member

Branding / re-Branding



Key Points

IOHA commissioned the agency 'Image Now' to do a Brand Audit and Strategic Review which included:

- Identity Audit (Identity, Name, Logo, Website, Social Media, Videos, Educational Resources)
- Competitive Analysis
- Surveys and Interviews
- 15-year Strategic Marketing Plan

Identity Audit – Key Findings

- The current identity of IOHA feels outdated and disconnected, dating back to the 70s. A rebranding opportunity arises to engage communities, modernize the brand, and target new audiences.
- The name IOHA is often misinterpreted, and a new name or rebranding can help clarify its association with Olympic handball.
- The color scheme feels dull and should be updated for digital platforms.
- The identity lacks inclusivity, especially for wheelchair handball representation.
- The typefaces/fonts do not align with the pictogram, and there is a lack of consistency in color options found online.

Overall, the identity needs improvement to better represent the organization, clubs, and countries it serves.



Surveys – Key Points

It was carried out surveys with the Players and Coaches, Sporting Organizations & Board Members (*circa 60 responses). What we discussed:

- Organisation and Brand Reputation / Perceptions
- Brand Engagement
- Awareness of Handball in Ireland
- The infrastructure of Handball in Ireland
- Opportunities for Positive Change
- Attributes of Olympic Handball as a Sport

Interviews – Key Points

What we discussed:

- Employees, Volunteer & Human Resources incl. Roles & Responsibilities
- Grassroots, Schools & Youth Programmes, incl. Skills-building
- Participation & Culture incl. Emotion, Passion & Play
- Partnerships & relationship building incl. IOHA as a leader / leading the way
- Clubs, Community & A Sense of Belonging
- Obstacles... into Opportunities? incl.. Areas of growth, Geo-location
- Competition & Performance
- Brand Identity, Social Media, Brand Reputation & Story
- IOHA Value & Leadership

We listened to you!

Here are our plans and actions for the next 15 years.

Long-term ambition

Year
10-15

→
**Olympic and
International team
success**

- ✓ Increased investment & funding
- ✓ Nationwide awareness & participation
- ✓ Academy and Talent Pool growth
- ✓ International connections and leagues



Year
5-10

→
**Improved facilities,
equipment and
engagement**

- ✓ Increased membership and local club set up
- ✓ Increased presence in schools & clubs
- ✓ Strong competitive leagues
- ✓ Strong relationships and comms.



Year
1-5

→
**Increased awareness
& participation at
grassroots level**

- ✓ Refreshed brand and collateral
- ✓ Alignment with Sport Ireland, PEAI & LSP local strategies
- ✓ Connection with grassroots organisations
- ✓ Positioning and marketing

15-years Strategic Marketing Plan

Current Brand Identity

We DON'T want our name and Brand to feel:

- Rigid
- Boring
- Exclusive
- Complicated
- Cold
- Serious



New Brand Identity

We want our name and Brand to feel:

- Playful
- Inviting
- Cool
- Energetic
- Fresh
- Dynamic





OHI
JUNIOR

OHI
SCHOOLS

OHI
BEACH
HANDBALL

OHI
WALKING
HANDBALL

OHI
WOMEN
IN SPORT

OHI
SENIOR

OHI
UNIVERSITIES

OHI
INTERNATIONAL

OHI
WHEELCHAIR
HANDBALL

OHI
SOCIAL
HANDBALL

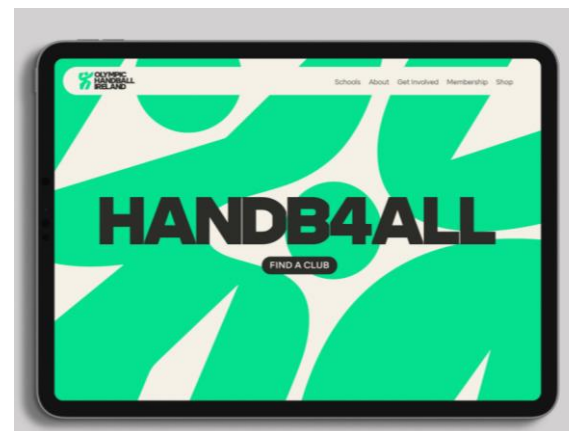


**HAND
BALL**



Applications & Uses

Applications & Uses





Applications & Uses

Applications & Uses



**WALKING
HANDBALL**

**OH!
WALKING
HANDBALL**

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**BEACH
HANDBALL**

**OH!
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With other Handball Federations Logos

Michael Moloney
IOHA Secretary General

Election of IOHA Technical Director

Adjournment of IOHA 2023 Annual General Meeting

Thank you!

Any questions?