



## Irish Olympic Handball Association

### 2022 Anti-Doping Review

#### Key Points

- The Irish Olympic Handball Association like all National Governing Bodies of sport in Ireland are subject to the Anti-Doping rules as laid out by Sport Ireland. Failure to achieve compliance with these rules means that the IOHA will not be eligible for funding from Sport Ireland or the relevant Government Department.
- Irish handball players continue to remain outside Sport Ireland's Registered Testing Pool of athletes.
- IOHA Website is updated annually with up-to-date regulations and other information
- All players and Coaches are encouraged to complete the Sport Ireland Anti-Doping e-learning course. This online course will be include on the curriculum of the Level 1 and Level 2 coaching awards.  
The course covers key topics in anti-doping including the following:
  - Anti-doping rule violations
  - Testing procedures blood & urine
  - How to check medications
  - Therapeutic Use Exemptions
  - The risk of supplements and herbal remedies
  - Consequences of doping

At the very end, a certificate of completion will generate, which all athletes and coaches are encouraged to save this for own records.

If you would like to undertake the Sport Ireland course, you can create a login here <http://elearning.sportireland.ie/login/index.php>

- New World Anti-Doping Agency rules will come into effect on the 1<sup>st</sup> of January 2022 and if anyone wants this information, I can forward it to them.
- The International Handball Federation (IHF) and European Handball Federation (EHF) websites both now have a comprehensive Anti-Doping section.

### **IHF Anti-Doping Update issued on March 1<sup>st</sup>, 2022**

In 2021 the IHF carried out 539 tests from 429 athletes.

522 Urine samples, 17 blood samples

284 out of competition

255 in competition.

1 positive result

7 Therapeutic Use Exemptions issued.

### **Sport Ireland Anti-Doping Update issued on November 30<sup>th</sup>, 2022**

Sport Ireland Anti-Doping has published its Annual Review for 2021, showing a 30% increase on the number of tests carried out during the previous 12 months.

In all, 1,354 tests were carried out by Sport Ireland Anti-Doping in 2021, with samples collected from 28 different sports.

In all, there were 934 urine tests and 420 blood tests, with 1,133 of the total tests taking place Out of Competition (OOC) and 221 in-competition. There was one anti-doping violation reported in 2021, which resulted in a three-month ban for an athlete.

<https://www.sportireland.ie/news/sport-ireland-publish-2021-anti-doping-report>

Michael Moloney

IOHA Anti-Doping Officer.